

2021 Spring/Summer

Swimming Lesson

Covid-19 Guidelines

at Hidden Springs

Swim For Fun
2145 Ostman Rd
West Linn, Or 97068
503-655-7939
Swimforfun2002@yahoo.com
Swimforfun.com

General Guidelines:

Using the Hidden Springs Pool as a member for lessons Due to Covid-19 constraints the following rules will be strictly enforced:

- Stay home if you or your child is feeling sick or has a fever, cough or other COVID-19 symptoms. These patrons will not be able to swim or be on deck.
- **Stay a minimum of 6 feet from other families and patrons in deck areas.**
- Please change into swim suit at home before lessons.
- Use hand sanitizer before/after leaving the pool. When you get home, wash your hands with soap and water for at least 20 seconds.
- **Patrons are required to use a face mask or face shield on deck at all times.**
- Each person will be given a temperature check before entering the pool. Please arrive no more than 5 min early. There will be hand sanitizer available for washing hands.
- There will be **One-Way** traffic around the pool so patrons are not in cross traffic. Enter the pool area and go to the right around the club house and can use the rest room or wash hands at that time. Once back around the pool please use the farthest chairs. Once class is done please wipe down your chair and maintain same One- Way traffic around the pool to exit. If you need to use the bathroom walk use the same One-Way direction but cross in front of the Club house and then exit through the gate.

Swim Lessons:

- Swimmers will not be allowed to enter the pool until the instructor indicates class is starting.
- Class size may be limited for proper social distancing. (3) student max capacity for lessons. (4) student max unless all from the same family or Covid pod. Please specify ahead of time.
- Equipment used in the class will be cleaned between classes. Students will be encouraged to bring their own goggles, caps, etc. Students will not be able to borrow goggles or swim suits.
- Encourage all students to maintain a safe distance apart during class, especially out of the water.
- All instructors will wear a face shield in the water and must either wear a face shield or mask when teaching from the deck.
- All Pre School aged classes will have the option for a parent/guardian to participate in the water with their child to allow social distancing to be maintained. In water participation from parent/guardian may need to wear a face shield. You may provide your own or purchase from Swim For Fun. Face Shields \$5
- All swimmers will be expected to get out of the pool in a timely manner and exit the pool area so that equipment can be cleaned for the next session and next group can come in and prepare for their class.
- Safety precautions will be updated daily.

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Please email back or return before first class. I have read the guidelines and will follow the rules. If my child or myself am experiencing any signs or symptoms of Covid-19 or are not feeling well in general, I will not come to lessons and will let Swim For Fun know ASAP.

Student's name: _____
Student's name: _____
Student's name: _____
Student's name: _____

Parent/Guardian Signature: _____ Date: _____

Please email for any questions at swimforfun2002@yahoo.com.

Warmest Regards,
Kim Hay
Swim For Fun
Owner